



Aquatic therapy is ideal for a variety of conditions as the soothing effects of water support the body and allow for a freedom of movement. Our physical therapists will tailor a personal aquatic therapy program to help you achieve range of motion, strength and return to your activities pain-free and quickly. **Aquatic therapy at is ideal for...**

- Back pain
- Joint pain and restricted movement
- Walking difficulties
- Pelvic or back pain from pregnancy
- Chronic pain
- Hip pain and knee pain
- Post-surgery recovery
- And more...

Call us today

Live a PAIN-FREE active life

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